

Gym Cable Wire Rope Identification

Please note: that for the ease of placing your order we will use a **Wire Rope Type** to simplify the identification of your Gym Wire Rope. If you are still at all unsure then please **Tel:** +44 (0) 1656 729846 or **Email:** technical@expertfitnessuk.com

Wire Rope: Primarily there are three Cable Types used within the Fitness Industry based on two Wire Rope Diameters

Type A

4mm Galvanised Steel Wire Rope

Type B

5mm Galvanised Steel Wire Rope

Type C

4mm Steel Wire Rope Coated in Black PVC to 5mm

Type D

5mm Steel Wire Rope Coated in Black PVC to 6mm

Type E

4mm Steel Wire Rope Clear Nylon Coated to 5mm

Type F

5mm Steel Wire Rope Clear Nylon Coated to 6.3mm



Type A and B are the lower priced. Type E and F are higher priced due to the fact that Nylon is much more durable, hard wearing and bonds better to the Wire during manufacture. Additionally, Nylon Coated sets the standard throughout the industry due to its ease of visual inspection of the internal wire through the clear coating when carrying out daily Gym Wire Rope Checks, Service Work or Gym Safety Inspection